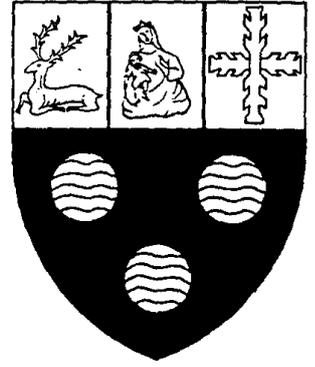


Southwell
Minster

*The Cathedral and Parish Church
of the Blessed Virgin Mary*



HOLY COMMUNION

The Third Sunday of Easter

Sunday 26 April 2020

10.30am

Welcome to this online service from Southwell Minster

Please do join in at home as you are comfortably able: you may wish to stand, sit and kneel as you normally would in church (we have included instructions for posture in this booklet for this reason), and/or to speak along with the congregational elements of the service.

The President of the Eucharist is The Very Revd Nicola Sullivan, *Dean of Southwell*.
The Preacher is The Revd Canon Dr Richard Frith, *Canon Precentor*.

Donations in support of the mission and ministry of the Cathedral are very welcome: for more details, go to <https://www.southwellminster.org/theme/donate/>. Thank you for your support.

Spiritual Communion

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ.

The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically ourselves.

Making a Spiritual Communion is particularly fitting during the restrictions precipitated by Coronavirus, for those who cannot receive the sacrament at the great feasts of the Church, and it fulfils the duty of receiving Holy Communion 'regularly, and especially at the festivals of Christmas, Easter and Whitsun or Pentecost.' (Canon B 15).

The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'.

As you join in with our service this morning, at the 'Giving of Communion' there will be an opportunity to make your own Spiritual Communion, giving thanks for the saving death and resurrection of Jesus and, through the prayers provided, asking him to be present with you.

ORDER OF SERVICE

THE GATHERING

Please stand

INTROIT

O be joyful in God, all ye lands, alleluia:
sing ye praises to the honour of his name, alleluia:
make his praise to be exceeding glorious, alleluia, alleluia, alleluia.

Music: Mode viii

President In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

GREETING

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

Alleluia. Christ is risen.
He is risen indeed. Alleluia.

The President introduces the Eucharist.

PRAYERS OF PENITENCE

Christ died to sin once for all, and now he lives to God.
Let us renew our resolve to have done with all that is evil
and confess our sins in penitence and faith.

Silence is kept.

We have lived by our own strength,
and not by the power of your resurrection.

In your mercy, forgive us.
Lord, hear us and help us.

We have lived by the light of our own eyes,
as faithless and not believing.

In your mercy, forgive us.
Lord, hear us and help us.

We have lived for this world alone,
and doubted our home in heaven.

In your mercy, forgive us.
Lord, hear us and help us.

ABSOLUTION

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord.
Amen.

GLORIA IN EXCELSIS



Glo-ri-a, glo-ri-a in ex-cel-sis De-o.

Glo-ri-a, glo-ri-a in ex-cel-sis De-o.

Gloria, gloria in excelsis Deo. (x2)

Gloria, gloria in excelsis Deo. (x2)

Glory to God in the highest
and peace to his people on earth.
Lord God, heavenly king,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.

Gloria, gloria in excelsis Deo. (x2)

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.

Gloria, gloria in excelsis Deo. (x2)

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the Glory of God the Father.

Gloria, gloria in excelsis Deo. (x2)

Music: Francis Duffy

COLLECT

Let us pray.

Silence is kept.

Almighty Father,
who in your great mercy gladdened the disciples
with the sight of the risen Lord:
give us such knowledge of his presence with us,
that we may be strengthened and sustained by his risen life
and serve you continually in righteousness and truth;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Please sit

THE LITURGY OF THE WORD

FIRST READING *read by The Revd Canon Jeremy Pemberton*

Acts 2: 14a, 36-41

Peter, standing with the eleven, raised his voice and addressed the crowd: 'Let the entire house of Israel know with certainty that God has made him both Lord and Messiah, this Jesus whom you crucified.' Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, 'Brothers, what should we do?' Peter said to them, 'Repent, and be baptised every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.' And he testified with many other arguments and exhorted them, saying, 'Save yourselves from this corrupt generation.' So those who welcomed his message were baptised, and that day about three thousand persons were added.

This is the Word of the Lord.

Thanks be to God.

Please stand

GOSPEL ACCLAMATION

Alleluia, alleluia.

Jesus said to them, 'I am the bread of life.

Whoever comes to me will never be hungry,

and whoever believes in me will never be thirsty.'

Alleluia.

Hear the Gospel of our Lord Jesus Christ according to Luke.
Glory to you, O Lord.

Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognising him. And he said to them, 'What are you discussing with each other while you walk along?' They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, 'Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?' He asked them, 'What things?' They replied, 'The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.' Then he said to them, 'Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?' Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, 'Stay with us, because it is almost evening and the day is now nearly over.' So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognised him; and he vanished from their sight. They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'

That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. They were saying, 'The Lord has risen indeed, and he has appeared to Simon!' Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread.

This is the Gospel of the Lord.

Praise to you, O Christ.

Please sit

SERMON *given by The Revd Canon Dr Richard Frith, Canon Precentor*

Please stand

CREED

Let us declare our faith in God, Father, Son and Holy Spirit.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Please sit or kneel

PRAYERS OF INTERCESSION

One of the following responses may be used:

**Lord, in your mercy,
hear our prayer.**

**Lord, hear us.
Lord, graciously hear us.**

And at the end:

**Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

THE LITURGY OF THE SACRAMENT

Please stand

THE PEACE

The two disciples told what had happened on the road to Emmaus,
and how Jesus had been made known to them in the
breaking of the bread. Alleluia.

The peace of the Lord be always with you
and also with you.

OFFERTORY HYMN



**Jesus lives! thy terrors now
Can, O Death, no more appal us;
Jesus lives! by this we know
Thou, O grave, canst not enthral us.
Alleluya!**

**Jesus lives! henceforth is death
But the gate of life immortal;
This shall calm our trembling breath,
When we pass its gloomy portal.
Alleluya!**

**Jesus lives! for us he died;
Then, alone to Jesus living,
Pure in heart may we abide,
Glory to our Saviour giving.
Alleluya!**

Jesus lives! our hearts know well
Nought from us his love shall sever;
Life, nor death, nor powers of hell
Tear us from his keeping ever.
Alleluya!

Jesus lives! to him the throne
Over all the world is given;
May we go where he is gone,
Rest and reign with him in heaven.
Alleluya!

*Words: Christian Gellert (1715-69)
trans. Frances Cox (1812-97)*

*Tune: ST ALBINUS NEH 112
Henry John Gauntlett (1805-76)*

PRAYER AT THE PREPARATION OF THE TABLE

Let us pray.

Risen Lord Jesus Christ,
we believe you, and all we have heard is true.
When you break bread
may we recognise you as the fire that burns within us,
that we may bring light to your world.
Amen.

EUCCHARISTIC PRAYER

The Lord is here.
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right, our duty and our joy,
always and everywhere to give you thanks,
almighty and eternal Father,
and in these days of Easter
to celebrate with joyful hearts
the memory of your wonderful works.

For by the mystery of his passion
Jesus Christ, your risen Son,
has conquered the powers of death and hell
and restored in men and women the image of your glory.

He has placed them once more in paradise
and opened to them the gate of life eternal.

And so, in the joy of this Passover,
earth and heaven resound with gladness,
while angels and archangels and the powers of all creation
sing for ever the hymn of your glory:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,

in him we plead with confidence his sacrifice

made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,

we proclaim his death and resurrection

until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,

help us to work together for that day

when your kingdom comes

and justice and mercy will be seen in all the earth.

Look with favour on your people,

gather us in your loving arms

and bring us with the Blessed Virgin Mary and all the saints

to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,

in the unity of the Holy Spirit,

all honour and glory are yours, O loving Father,

for ever and ever.

Amen.

Please sit or kneel

THE LORD'S PRAYER

Rejoicing in God's new creation,
as our Saviour taught us, so we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

BREAKING OF THE BREAD

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

AGNUS DEI

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

GIVING OF COMMUNION

Alleluia. Christ our passover is sacrificed for us.
Therefore let us keep the feast. Alleluia.

The President receives Communion, during which a time of personal prayer and devotion is kept and the following prayers may be offered:

Thanks be to you, Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly, day by day.
Amen.

after the Prayer of St Richard of Chichester

Lord, in these days of mercy,
make us quiet and prayerful;
in these days of challenge,
make us stronger in you;
in these days of emptiness,
take possession of us;
in these days of waiting,
open our hearts to the mystery of your cross.

Angela Ashwin

PRAYER AFTER COMMUNION

Let us pray.

Living God,
your Son made himself known to his disciples
in the breaking of bread:
open the eyes of our faith,
that we may see him in all his redeeming work;
who is alive and reigns, now and for ever.
Amen.

Please stand

THE DISMISSAL

BLESSING

The God of peace,
who brought again from the dead our Lord Jesus,
that great shepherd of the sheep,
make you perfect in every good work to do his will;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

DISMISSAL

Go in the peace of Christ. Alleluia, alleluia.
Thanks be to God. Alleluia, alleluia.

ORGAN VOLUNTARY

Voluntary no 7

Samuel Wesley (1766-1837)

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