



# LOST TRADITIONS

*The Leaves of Southwell Project presents a seasonal talk  
by Dr Sophie Hollingshead  
on 1 December 2020, 2.00pm on Microsoft Teams.*

As the days reach their shortest and we prepare for Christmas and other winter festivals this talk will explore some of the customs, recipes, folklore and sayings that mark rural life at this time of year. What lies behind the plough plays performed in some of the local villages, why might we drink lambswool on Twelfth Night, and why do we bring holly into our homes in the winter?

Join us for an exploration of country lore past and present, and please bring your own traditions for discussion! This talk has no charge; any donations are welcome.

To book your place on this talk and more information, visit the events page on [www.southwellminster.org/LostTraditions](http://www.southwellminster.org/LostTraditions) or email [helen.bates@southwellminster.org.uk](mailto:helen.bates@southwellminster.org.uk)



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