



Southwell
Minster

*The Cathedral and Parish Church
of the Blessed Virgin Mary*



CATHEDRAL EUCHARIST (online)

The First Sunday of Lent

Sunday 21 February 2021

10.00am

Welcome to this online service from Southwell Minster

Please do join in at home as you are comfortably able: you may wish to stand, sit and kneel as you normally would in church (we have included instructions for posture in this booklet for this reason), and/or to speak along with the congregational elements of the service.

The President of the Eucharist is The Revd Dr Richard Frith, *Canon Precentor*.

The Preacher is The Very Revd Nicola Sullivan, *Dean of Southwell*.

The Lay Clerks of the Cathedral Choir are directed by Paul Provost, *Rector Chori*.

The organ is played by the Rector Chori and Jonathan Allsopp, *Assistant Director of Music*.

The setting for the Eucharist is *Missa in simplicitate* by Jean Langlais (1907-91).

Donations in support of the mission and ministry of the Cathedral are very welcome: for more details, go to <https://www.southwellminster.org/donate/>. Thank you for your support.

Spiritual Communion

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically ourselves. Making a Spiritual Communion is particularly fitting during the restrictions precipitated by the coronavirus. The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'. As you join in with our service this morning, at the 'Giving of Communion' there will be an opportunity to make your own Spiritual Communion, giving thanks for the saving death and resurrection of Jesus.

ORDER OF SERVICE

THE GATHERING

Please stand

INTROIT

Choir He shall call on me, and I will hearken unto him:
I will deliver him, and will bring him to honour:
with length of days will I satisfy him.

*Music: INVOCABIT ME
Mode viii*

President In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

GREETING

The Lord be with you
and also with you.

The President introduces the Eucharist.

PRAYERS OF PENITENCE

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. Let us confess our sins, remembering before God the times when we have fallen from temptation into sin.

Silence is kept.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen.**

ABSOLUTION

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

KYRIE ELEISON

<i>Choir</i>	Kyrie eleison. Christe eleison. Kyrie eleison.	<i>Lord, have mercy. Christ, have mercy. Lord, have mercy.</i>
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COLLECT

President Let us pray.

Silence is kept.

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Please sit

THE LITURGY OF THE WORD

FIRST READING *read by Nick Thorpe*

Genesis 9: 8-17

Then God said to Noah and to his sons with him, 'As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.' God said, 'This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.' God said to Noah, 'This is the sign of the covenant that I have established between me and all flesh that is on the earth.'

This is the Word of the Lord.

Thanks be to God.

Please stand

GOSPEL ACCLAMATION

Choir Praise to you, O Christ, King of eternal glory.

Man does not live on bread alone,
but on every word that comes from the mouth of God.

Praise to you, O Christ, King of eternal glory.

Music: John Harper (b. 1947) and Guy Turner (b. 1955)

Hear the Gospel of our Lord Jesus Christ according to Mark.
Glory to you, O Lord.

In those days Jesus came from Nazareth of Galilee and was baptised by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

This is the Gospel of the Lord.
Praise to you, O Christ.

Please sit

SERMON *given by The Very Revd Nicola Sullivan, Dean of Southwell*

Please stand

CREED

President Let us declare our faith in God, Father, Son and Holy Spirit.

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

The President says:

In the power of the Spirit,
and in union with Christ,
let us pray to the Father.

Please sit or kneel

PRAYERS OF INTERCESSION *led by Hugh Middleton*

One of the following responses, or another, may be used:

**Lord, in your mercy,
hear our prayer.**

**Lord, hear us.
Lord, graciously hear us.**

And at the end:

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

THE LITURGY OF THE SACRAMENT

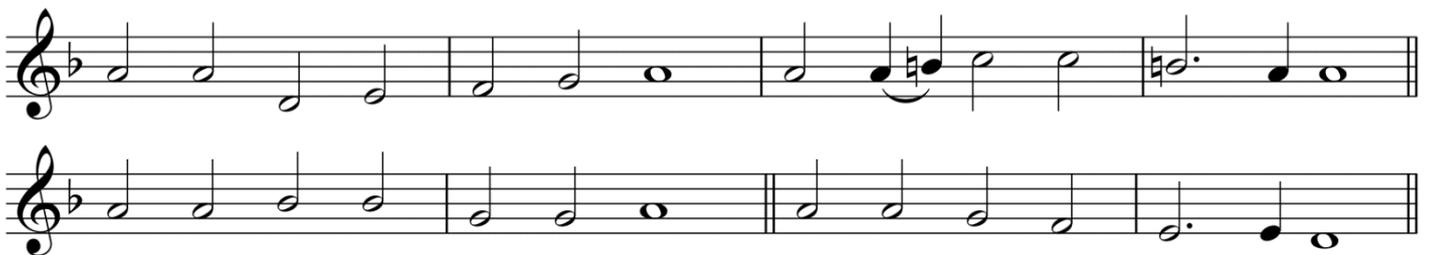
Please stand

THE PEACE

President Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

OFFERTORY HYMN



**Forty days and forty nights
Thou wast fasting in the wild,
Forty days and forty nights
Tempted, and yet undefiled.**

Sunbeams scorching all the day,
Chilly dewdrops nightly shed,
Prowling beasts about thy way,
Stones thy pillow, earth thy bed.

Let us thine endurance share,
And awhile from joys abstain,
With thee watching unto prayer,
Strong with thee to suffer pain.

And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.

So shall we have peace divine,
Holier gladness ours shall be,
Round us too shall angels shine,
Such as ministered to thee.

Keep, O keep us, Saviour dear,
Ever constant by thy side,
That with thee we may appear
At the eternal Eastertide.

*Words: George Hunt Smyttan (1822-70)
and Francis Pott (1832-1909)*

*Tune: AUS DER TIEFE NEH 67
Martin Herbst (1654-81)*

PRAYER AT THE PREPARATION OF THE TABLE

President Let us pray.

God of wisdom,
may the light of your eternal Word,
our Lord and Saviour Jesus Christ,
lead us in holiness and guide us to glory;
we ask this in his name.
Amen.

EUCCHARISTIC PRAYER

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.

Through fasting, prayer and acts of service,
you bring us back to your generous heart.

Through study of your holy word,
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

Choir Sanctus, sanctus, sanctus *Holy, holy, holy Lord,*
Dominus Deus Sabaoth, *God of power and might,*
pleni sunt caeli et terra gloria tua. *heaven and earth are full of your glory.*
Hosanna in excelsis. *Hosanna in the highest.*

Benedictus qui venit *Blessed is he who comes*
in nomine Domini. *in the name of the Lord.*
Hosanna in excelsis. *Hosanna in the highest.*

President We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command, send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Praise to you, Lord Jesus:
Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.

Lord of all life,
help us to work together for that day when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

Please sit or kneel

THE LORD'S PRAYER

Trusting in the compassion of God,
as our Saviour taught us, so we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

BREAKING OF THE BREAD

Every time we eat this bread
and drink this cup,
**we proclaim the Lord's death
until he comes.**

AGNUS DEI

<i>Choir</i>	Agnus Dei, qui tollis peccata mundi: miserere nobis.	<i>Lamb of God, you take away the sin of the world; have mercy upon us.</i>
	Agnus Dei, qui tollis peccata mundi: miserere nobis.	<i>Lamb of God, you take away the sin of the world; have mercy upon us.</i>
	Agnus Dei, qui tollis peccata mundi: dona nobis pacem.	<i>Lamb of God, you take away the sin of the world; grant us peace.</i>

GIVING OF COMMUNION

President Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The President receives Communion.

COMMUNION MOTET

<i>Choir</i>	Je vous salue, ô vrai Corps, né de la Vierge Marie, qui avez vraiment souffert, et êtes mort en croix pour les hommes, dont le côté percé versa du sang, et de l'eau.	<i>Hail, true Body, born of the Virgin Mary, having truly suffered, sacrificed on the cross for mankind, from whose pierced side flowed water and blood.</i>
	Soyez notre réconfort dans les affaires du trépas.	<i>Be our comfort in the trial of death.</i>

Ô bon Jésus, ô doux Jésus, ô Jésus,
fils de Marie, ayez pitié de nous.
Ainsi soit-il.

*O good Jesus, O sweet Jesus, O Jesus,
Son of Mary, have mercy on us.
Amen.*

*Words: French translation of AVE VERUM CORPUS
attrib. Pope Innocent VI (c.1282-1362)*

Music: Jean Langlais (1907-91)

PRAYER AFTER COMMUNION

President Let us pray.

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.
Amen.

THE DISMISSAL

Please stand

BLESSING

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

DISMISSAL

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

ORGAN VOLUNTARY

Passacaglia (from Prelude, Scherzo and Passacaglia)

Kenneth Leighton (1929-1988)

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