



Southwell  
Minster

*The Cathedral and Parish Church  
of the Blessed Virgin Mary*



# CATHEDRAL EUCHARIST (online)

**The Second Sunday of Lent**

Sunday 28 February 2021

10.00am

## Welcome to this online service from Southwell Minster

Please do join in at home as you are comfortably able: you may wish to stand, sit and kneel as you normally would in church (we have included instructions for posture in this booklet for this reason), and/or to speak along with the congregational elements of the service.

The President of the Eucharist is The Very Revd Nicola Sullivan, *Dean of Southwell*.

The Preacher is The Revd James Halstead, *Principal of the Diocesan School of Discipleship*.

The Lay Clerks of the Cathedral Choir are directed by Paul Provost, *Rector Chori*, and Jonathan Allsopp, *Assistant Director of Music*.

The organ is played by the Assistant Director of Music and James Furniss-Roe, *Organ Scholar*.

The setting for the Eucharist is *Missa brevis* by Guy Turner (b. 1955).

Donations in support of the mission and ministry of the Cathedral are very welcome: for more details, go to <https://www.southwellminster.org/donate/>. Thank you for your support.

### Spiritual Communion

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented for some serious reason from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The Book of Common Prayer instructs us that if we offer ourselves in penitence and faith, giving thanks for the redemption won by Christ crucified, we may truly 'eat and drink the Body and Blood of our Saviour Christ', although we cannot receive the sacrament physically ourselves. Making a Spiritual Communion is particularly fitting during the restrictions precipitated by the coronavirus. The Church of which we are members is not defined by the walls of a building but by the Body of Christ of which we are members. In making our communion spiritually, we are joining with Christians everywhere to be nourished by the one who tells us, 'I am the Bread of Life'. As you join in with our service this morning, at the 'Giving of Communion' there will be an opportunity to make your own Spiritual Communion, giving thanks for the saving death and resurrection of Jesus.

# ORDER OF SERVICE

## THE GATHERING

*Please stand*

### INTROIT

*Choir* Call to remembrance thy tender compassion and mercy, O Lord, and thy loving kindnesses towards us, which have been ever of old, neither suffer our enemies to triumph against us:  
deliver us, O God of Israel, out of all our misery and trouble.

*Music: REMINISCERE  
Mode iv*

*President* In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
**Amen.**

### GREETING

The Lord be with you  
**and also with you.**

*The President introduces the Eucharist.*

### PRAYERS OF PENITENCE

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

*Silence is kept.*

Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
**Amen.**

#### ABSOLUTION

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

#### KYRIE ELEISON

<i>Choir</i>	Kyrie eleison.	<i>Lord, have mercy.</i>
	Christe eleison.	<i>Christ, have mercy.</i>
	Kyrie eleison.	<i>Lord, have mercy.</i>

## COLLECT

*President* Let us pray.

*Silence is kept.*

Almighty God,  
you show to those who are in error the light of your truth,  
that they may return to the way of righteousness:  
grant to all those who are admitted  
into the fellowship of Christ's religion,  
that they may reject those things  
that are contrary to their profession,  
and follow all such things as are agreeable to the same;  
through our Lord Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

*Please sit*

## THE LITURGY OF THE WORD

FIRST READING *read by Paul Provost, Rector Chori*

Romans 4: 13-end

The promise that Abraham would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become 'the father of many nations', according to what was said, 'So numerous shall your descendants be.' He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith 'was reckoned to him as righteousness.' Now the words, 'it was reckoned to him', were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

This is the Word of the Lord.

**Thanks be to God.**

*Please stand*

## GOSPEL ACCLAMATION

*Choir* Praise to you, O Christ, King of eternal glory.

I am the Way, the Truth and the Life, says the Lord:  
no one can come to the Father except through me.

Praise to you, O Christ, King of eternal glory.

*Music: John Harper (b. 1947) and Erik Sharman (b. 1994)*

Hear the Gospel of our Lord Jesus Christ according to Mark.  
**Glory to you, O Lord.**

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.'

He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

*Please sit*

SERMON *given by The Revd James Halstead, Principal of the Diocesan School of Discipleship*

*Please stand*

## CREED

*President* Let us declare our faith in God, Father, Son and Holy Spirit.

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.**

*The President says:*

In the power of the Spirit,  
and in union with Christ,  
let us pray to the Father.

*Please sit or kneel*

PRAYERS OF INTERCESSION *led by The Revd Canon Vincent Ashwin*

*The following response is used:*

God of love,  
**hear our prayer.**

*And at the end:*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

THE LITURGY OF THE SACRAMENT

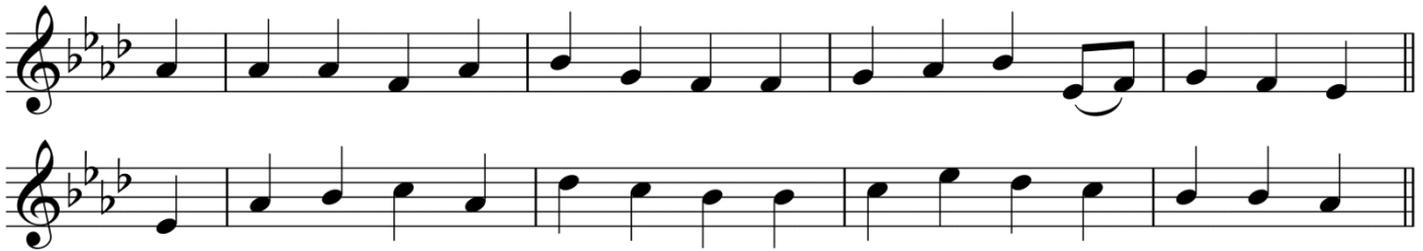
*Please stand*

THE PEACE

*President* Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

## OFFERTORY HYMN



Take up thy cross, the Saviour said,  
If thou wouldst my disciple be;  
Deny thyself, the world forsake,  
And humbly follow after me.

Take up thy cross; let not its weight  
Fill thy weak spirit with alarm;  
His strength shall bear thy spirit up,  
And brace thy heart, and nerve thine arm.

Take up thy cross then in his strength,  
And calmly every danger brave;  
'Twill guide thee to a better home,  
And lead to victory o'er the grave.

Take up thy cross, and follow Christ,  
Nor think till death to lay it down;  
For only he who bears the cross  
May hope to wear the glorious crown.

To thee, great Lord, the One in Three,  
All praise for evermore ascend;  
O grant us in our Home to see  
The heavenly life that knows no end.

*Words: Charles William Everest (1814-77)*

*Tune: BRESLAU NEH 76  
German traditional, arr. Felix Mendelssohn (1809-47)*

## PRAYER AT THE PREPARATION OF THE TABLE

*President* Let us pray.

God of our journey,  
as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord.  
**Amen.**

## EUCCHARISTIC PRAYER

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.

For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.

Through fasting, prayer and acts of service,  
you bring us back to your generous heart.

Through study of your holy word,  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

<i>Choir</i>	Sanctus, sanctus, sanctus Dominus Deus Sabaoth, pleni sunt caeli et terra gloria tua. Hosanna in excelsis.	<i>Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.</i>
	Benedictus qui venit in nomine Domini. Hosanna in excelsis.	<i>Blessed is he who comes in the name of the Lord. Hosanna in the highest.</i>

*President* We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command, send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Praise to you, Lord Jesus:  
**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Lord of all life,  
help us to work together for that day when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with the Blessed Virgin Mary and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**Amen.**

*Please sit or kneel*

## THE LORD'S PRAYER

Trusting in the compassion of God,  
as our Saviour taught us, so we pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## BREAKING OF THE BREAD

Every time we eat this bread  
and drink this cup,  
**we proclaim the Lord's death  
until he comes.**

## AGNUS DEI

<i>Choir</i>	Agnus Dei, qui tollis peccata mundi: miserere nobis.	<i>Lamb of God, you take away the sin of the world; have mercy upon us.</i>
	Agnus Dei, qui tollis peccata mundi: miserere nobis.	<i>Lamb of God, you take away the sin of the world; have mercy upon us.</i>
	Agnus Dei, qui tollis peccata mundi: dona nobis pacem.	<i>Lamb of God, you take away the sin of the world; grant us peace.</i>

## GIVING OF COMMUNION

*President* Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The President receives Communion.*

## COMMUNION MOTET

<i>Choir</i>	Tantum ergo sacramentum Veneremur cernui Et antiquum documentum Novo cedat ritui, Praestet fides supplementum Sensuum defectui.	<i>Therefore we, before him bending, This great sacrament revere: Types and shadows have their ending, For the newer rite is here; Faith, our outward sense befriending, Makes our inward vision clear.</i>
	Genitori genitoque Laus et jubilatio, Salus, honor, virtus quoque Sit et benedictio; Procedenti ab utroque Compar sit laudatio. Amen.	<i>Glory let us give and blessing To the Father and the Son, Honour, might, and praise addressing, While eternal ages run; Ever too his love confessing, Who, from both, with both is one. Amen.</i>

*Words: Thomas Aquinas (1227-74)  
trans. John Mason Neale (1818-66)*

*Music: Paul Provost (b. 1985)*

## PRAYER AFTER COMMUNION

*President* Let us pray.

Almighty God,  
you see that we have no power of ourselves to help ourselves:  
keep us both outwardly in our bodies,  
and inwardly in our souls;  
that we may be defended from all adversities  
which may happen to the body,  
and from all evil thoughts which may assault and hurt the soul;  
through Jesus Christ our Lord.  
**Amen.**

# THE DISMISSAL

*Please stand*

## BLESSING

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

## DISMISSAL

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## ORGAN VOLUNTARY

*Aus tiefer Not schrei ich zu dir*, BWV 686

Johann Sebastian Bach (1685-1750)

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### Acknowledgements

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