

Time Travelling: content and information

This document shows how the Time Travelling activities link to the Nottinghamshire Agreed Syllabus for RE.

Our '**Introducing Southwell Minster**' film can be viewed in advance of your visit on the Minster's You Tube channel https://youtu.be/BUWqQ6_C4RM

Learning Hub: There is a set of online resources including videos and activities for follow up / revision. *Please do not use these BEFORE your visit.* These can be found at www.southwellminster.org/learninghub (select KS2).

Learning hub resources are referenced in **red** in the content summary below.

Additional material and other online resources are listed on the final 2 pages. These are extra sessions which we haven't included on your visit this year, as well as some PDFs, photos etc and other useful resources.

2026 Activities: Children will either do the activities listed in block A, B or C. We have tried to ensure a balance as you will see from the 'Activity Focus' box. Each activity is listed below, along with a brief content summary and I've tried where possible to pull out at least one unit per year group to show where it might link to the Agreed Syllabus.

There is a key question for each activity, to act as a focus.

Pilgrimage: This is a key theme of the day and the introduction in the morning focuses on this, using the words '**Travelling, Learning and Connecting**' to help children understand the difference between a pilgrimage and other types of journey. A short BBC Teach film about the Hajj can be found [here](#).

Please contact Diana, on 07952 739536 or education@southwellminster.org.uk, if you have any questions or if you would like to arrange a webinar to follow up your visit.

	A (no steps)		B		C	
A1	Christus Rex E*	B1	Choir A	C1	Baptism BP	
A2	Choir A	B2	Pilgrimage E	C2	Fair Trade E	
A3	Prayer BP*	B3	Prayer BP*	C3	Copes A*	
A4	Outside M	B4	Communion BP	C4	Chapter House M	
A5	Baptism BP	B5	War Window M*	C5	Prayer BP*	

Activity Focus:
Belief and practice BP
Beliefs & Expression E
Minster building M
Faith Through Arts A
<i>*make and take</i>

Activities, content summary and links to Agreed Syllabus

✓ **Organ: Q How did the music make you feel?**

3.3 worship and sacred places: knowledge of religious buildings and worship / furniture and uses

4.3 spiritual expression: listen to and consider spiritual music / how does music create calm, excitement, worship or a sense of the presence of God?

5.4 Beliefs and action in the world: how do art and architecture express spiritual ideas?

6.2 religion, worldviews, family and the community: investigate aspects of community life such as weekly worship

Content: Children will sing with the organ in the morning worship and have the chance to listen to it while looking around.

Web Resources: Film 'The Organ'

✓ **Choir: Q1 What is it like to be a chorister? Q2 Why is music important in the Minster?**

3.3 *worship and sacred places: consider what happens in holy buildings*

4.3 *spiritual expression: listen to and consider spiritual music / how does music create calm, excitement, worship or a sense of the presence of God?*

5.4 *Beliefs and action in the world: how do art and architecture express spiritual ideas?*

6.2 *religion, worldviews, family and the community: investigate aspects of community life such as weekly worship*

Content: With our Lay Clerks (adult choir members), in the 'song room', get an insight into the life and music of the choristers, and how music is used in worship.

Learning Hub Resources: [Film 'Choir'](#)

✓ **Holy Communion: Q Why do Christians remember Jesus with bread and wine?**

3.3 *worship and sacred places: symbols and actions used in worship / what happens in holy buildings*

4.4 *religion, family, community, worship, celebration, ways of living: describe and understand links between (Christian) stories and celebrations / meaning of stories, symbols and actions used in worship*

5.2 *Religion and the individual: what matters to Christians: understanding of religious practice such as remembering Jesus with bread and wine in Christian worship*

6.3 *religion, worldviews, family and community: investigate aspects of community life such as weekly worship*

Content: At the High Altar, we look at the stained glass, the furniture and retell the story of the last supper. We demonstrate how the bread and wine is shared at a service of Holy Communion, learning about the signs and symbols used.

Learning Hub Resources: [Film 'Holy Communion'](#), [worksheet](#).

✓ **Baptism: Q1 why and how are people baptised? Q2 What do the symbols of baptism mean?**

3.3 *worship and sacred places: symbols and actions used in worship / what happens in holy buildings*

4.1 *the journey of life and death: welcoming a baby. Describe ways in which different religions see life as a journey. Reflect thoughtfully on their own ideas about the 'journey of life'. How do Christians celebrate a new baby's birth?*

5.2 *Religion and the individual: what matters to Christians: learn about devotion and commitment in Christianity*

6.3 *religion, worldviews, family and community: describe similarities and differences between the ways different communities show they belong*

Content: We come to the font and hear the story of Jesus' baptism, depicted in our stained glass nearby. We re-enact an infant baptism, explaining why it is meaningful in a Christian journey. We explore how symbols of the cross, water, oil, dove and light are used.

Learning Hub Resources: [Film 'Baptism'](#), [worksheet](#), [images of the baptism windows](#)

- ✓ **Prayer: Q1 How, where and when do Christians pray? Q2 Why is prayer important for Christians?**
 - 3.2 religion, family and community: prayer: beliefs and practices / meaning of the Lord's Prayer / symbols, words and actions / how where when
 - 4.2 symbols and religious expression: prayers or meditations suited to particular occasions
 - 5.2 Religion and the individual: what matters to Christians?: develop understanding of key Christian beliefs... gaining knowledge about Father, son and holy spirit
 - 6.3 religion, worldviews, family and community: investigate aspects of community life such as weekly worship, charitable giving or beliefs about prayer

Content: We will explore what prayer means to Christians, have a look at the Lord's Prayer and make a bracelet to help us to remember how Christians pray and remind us of the Lord's Prayer.

Learning Hub Resources: Film 'Prayer', Lord's Prayer for kids PDF, PPT traditional Lord's prayer with actions

- ✓ **Pilgrimage: Q1 What is a pilgrimage? Why do people want to make this special journey?**
 - 3.2 Religion, family and community: prayer: how do religious families and communities practice their faith?
 - 4.2 symbols and religious expression: learn about local places of pilgrimage such as... Southwell Minster why people go on pilgrimage / difference between pilgrims and tourists
 - 5.4 Beliefs and action in the world: pupils will learn about some great examples of religious architecture...including... Southwell Minster /explore examples of architecture dedicated to faith or spirituality / understand how these beautiful buildings can create space for people's spiritual lives (eg on pilgrimage)

Content: think about what a pilgrimage is, and why pilgrims might come to the Minster by visiting some of the special places in the Minster. We also find out what it was like to go on pilgrimage in medieval times.

Learning Hub Resources: Film 'Pilgrimage', link to BBC film of The Hajj

- ✓ **Chapter House: Q What does the Minster tell us about beliefs and spirituality?**
 - 3.1 beliefs and questions: describe and understand links between bible stories of creation and Christian beliefs about God as the creator
 - 4.2 symbols and religious expression: pupils will learn... about local places of pilgrimage (such as... Southwell Minster)
 - 5.4 Beliefs and action in the world: pupils will learn about some great examples of religious architecture...including... Southwell Minster /understand how buildings can put the spirituality of a religion into visual forms / how do art and architecture express spiritual ideas?
 - 6.3 beliefs and action in the world: Discover and explore the teaching and practice of different religions in looking after the planet and caring for the earth and all its creatures

Content: A close look at the historic, world-renowned Chapter House – its structure and carvings depicting the natural and mythological world.

Learning Hub Resources: Video - The story of Adam and Eve and the garden of Eden inspired by the medieval carvings in the Chapter House. PPT and worksheets with reflecting on themes of creation in Christianity.

✓ **Outside: Q What does the Minster tell us about beliefs and spirituality?**

3.3 *worship and sacred places: consider how the architecture.... Express the community's way of life, values and beliefs*

4.2 *symbols and religious expression: pupils will learn... about local places of pilgrimage (such as... Southwell Minster)*

5.4 *Beliefs and action in the world: pupils will learn about some great examples of religious architecture...including... Southwell Minster /understand how buildings and creative arts can put the spirituality of a religion into visual forms / how do art and architecture express spiritual ideas?*

Content: A walk around the outside of the Minster looking for architectural features and find out how everything tells us something about God, and how it has changed over its 900+ years.

Learning Hub Resources: [Video 'Minster Tour'](#) (see info below). [Art in the Minster activity PDF](#), [photo of Bishop Paul](#).

✓ **Fair Trade: Q How do the teachings of the Bible impact the actions of believers?**

3.3 *beliefs and questions: what difference does belief in Jesus make to Christians? .. examine the life and work or a local church and list ten things it does to put the teachings of Jesus into action.*

5.2 *religion and the individual – what matters most to Christians? ... discuss and apply their own ideas about ethical questions: what is fair and unfair?... consider the challenges of trying to live a good life.*

5.4 *how are religious and spiritual thoughts and beliefs expressed in.... charity and generosity? ... learn about different charities and organisations which apply the 'golden rule' to some global problems.*

6.3 *beliefs and action in the world: how do religions and beliefs respond to global issues of human rights, fairness, social justice? Apply ideas of justice and fairness to the work of various development charities, think about the reasons why members of different religions and beliefs try to help people who are vulnerable.*

Content: Starting with the Bible, we look at the 'golden rule' and fruits of the spirit. An interactive presentation looks at the work of the 'Fair Trade' organisation and how and why we support it at the Minster.

✓ **Copes: Q how is faith expressed in beautiful works of art, such as the special clothes worn in the Minster?**

3.3 *Investigate a place of worship... meanings of symbols and actions*

5.4 *How are spiritual thoughts and beliefs expressed in arts...*

Content: we look at some of the Minster's fine vestments, learning about the role of a priest and Bishop as a shepherd. We look at the symbolism of wearing special clothes. Children enjoy trying on some child-sized special clothes and think about how it feels to wear them. Make and colour a bookmark to take home.

✓ **Christus Rex: Q What does art tell us about faith? Q2 How does the Christus Rex express what Christians believe?**

3.1 *how does a building express key ideas about belief and worship?*

4.1 *Symbols and religious expression – learn about local places of worship such as Southwell Minster.*

5.4 *Beliefs in action – describe some ways religious art and architecture express spiritual ideas.*

Content: We take a close look at the striking 'Jesus the King' statue in the Nave and respond thoughtfully to beliefs about Jesus as God. Children will know that the Bible is the sacred text for Christians and understand the example of Jesus for those of the Christian faith. Children cut out and decorate their own Christus Rex to take home

✓ **Great War Window: Q How is the golden rule shown in this window?**

3.3 worship and sacred places: consider how the architecture... Express the community's way of life, values and beliefs

4.2 symbols and religious expression: pupils will learn... about local places of pilgrimage (such as... Southwell Minster)

5.2 Religion and the individual: what matters to Christians?: ...reading gospel texts about Jesus' crucifixion and resurrection / teaching about forgiveness and loving our enemies.

5.4 Beliefs and action in the world: pupils will learn about some great examples of religious architecture...including... Southwell Minster /understand how buildings and creative arts can put the spirituality of a religion into visual forms / how do art and architecture express spiritual ideas?

6.1 Teachings, wisdom and authority: consider why some texts from the Bible are seen as sources of wisdom.

Content: Explore the golden rule and themes of love and remembrance with a close look at the symbols and imagery in our modern window, commemorating the Great War. Make a simple cross.

Learning Hub Resources: Video 'Great War Window' (also 'the Bible' video – see info below), PDFs and templates to create a cross, photo of the window.

Additional material to be found on the learning hub:

The Bible and **Minster Tour** are entirely different from the activities on the day for 2025 - details below.

✓ **Bible: Q1 What can we learn from the Bible? Q2 How did Jesus want people to live?**

3.4 Inspirational people from the past: connecting parables, miracles and stories about Jesus to Christian belief

3.1 Beliefs and questions (celebrations): Connect festivals to Bible stories and concepts

4.4 Religion, family, community, worship, celebration, ways of living: Describe and understand links between (Christian) stories and celebrations

5.2 Religion and the individual: what matters to Christians?: ...reading gospel texts about Jesus' crucifixion and resurrection

6.1 Teachings, wisdom and authority: describe how religious people use sacred texts... For guidance

Content: a 'get up and join in' energetic story telling session. Connecting Bible stories with teachings of Jesus using the Sermon on the Mount as a starting point, the parable of the wise and foolish builders, and the acts of Jesus' disciples as they taught others to 'teach, share and care'. Follow up illuminated text activity.

Learning Hub Resources: Film 'The Bible', PDF - Illuminated Lettering.

✓ **Minster tour: Q What does the Minster tell us about beliefs and spirituality?**

3.3 worship and sacred places: widen knowledge of religious buildings and worship

4.2 symbols and religious expression: pupils will learn about local places of pilgrimage (such as... Southwell Minster) /consider why people go on pilgrimages

5.4 Beliefs and action in the world: pupils will learn about some great examples of religious architecture...including... Southwell Minster /explore examples of architecture dedicated to faith or spirituality / how do art and architecture express spiritual ideas?

6.2 religion, worldviews, family and the community: investigate aspects of community life such as weekly worship

Content: Explore the Minster's architecture, art and furniture and find out how everything tells us something about God. With Diana, Head of Education. Follow up Art in the Minster (PDF).

Learning Hub Resources: Film 'Minster Tour', Art in the Minster



Other Online Resources:

Our 'Introducing Southwell Minster' film: https://youtu.be/BUWqQ6_C4RM

- ✓ **Videos:** very similar in content to the activities on the day and should not be used before your visit: Baptism, Holy Communion, The Chapter House, Choir, Pilgrimage, Prayer, Stained Glass windows.
- ✓ **Christmas tour (film) and activity pack**
- ✓ **Easter tour (film) and make a cross activity**
- ✓ **The Minster Song film:** an introductory song about the minster, with images
- ✓ **Photo Pack:** A set of photos of the Minster – outside, inside and details – to use freely
- ✓ **'Make a St John's Cross':** a video demonstrating how to make and colour a St John's cross using details from the Great War window. A PDF with the photocopyable resource and instructions.
- ✓ **The Lord's Prayer for kids PDF** (as used in the film)
- ✓ **Traditional Lord's Prayer with suggested actions PowerPoint**
- ✓ **Illuminated lettering activity PDF**
- ✓ **Baptism window images**
- ✓ **Great War Window image**
- ✓ **Art in the minster PDF**